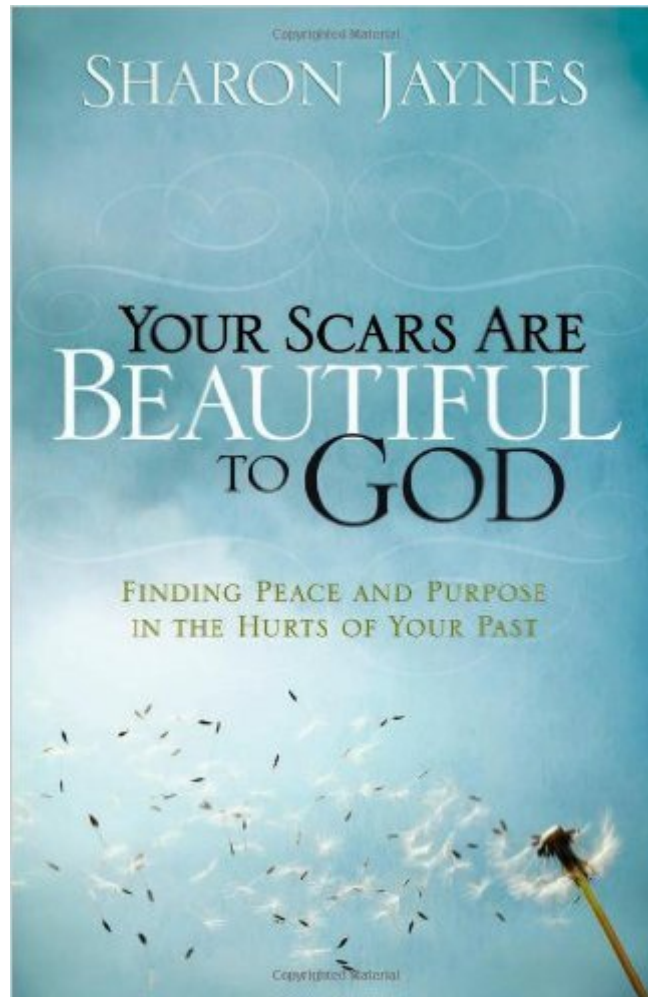


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# Your Scars Are Beautiful To God: Finding Peace And Purpose In The Hurts Of Your Past



## Synopsis

Physical scars represent a story, a moment in one's life, and they show others that there is a history of healing. Noted author Sharon Jaynes shares with women how their internal scars "marks from past hurts and mistakes" also represent a story of restoration. With empathy, personal insight, and a best friend's gentle spirit, Sharon helps readers: recognize Jesus through their scars receive grace and forgiveness remove the mask and be real restore the broken heart release the power of healed wounds Encouraging chapters, inspirational stories, godly wisdom, and a Bible study guide lead readers to give their wounds to the One who sees their beauty and who turns hurts into hope.

## Book Information

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## Customer Reviews

How many of us feel ashamed of our scars? Those painful events in our past that we would rather forget, or pretend never happened. Sharon Jaynes, in *Your Scars Are Beautiful To God*, uses examples from Scripture alongside modern-day testimonies to share that it is in being transparent about our scars, not hiding them, where the redemptive power of God can truly shine. There is much insight throughout the book, but two chapters were especially helpful. "Replacing the Wounds" with Scars digs deeper into the reality that, "while we cannot physically forget the details of the wounds of our past, we can choose not to act on them. We can choose to forgive the person who has hurt us and not allow that memory of the offense to control our lives." Sharon also touches on the delicate fact that we have to want to get well. "We can hug our hurts and make a shrine out of our sorrows or we can offer them to God as a sacrifice of praise. The choice is ours." "Revealing the

Truth" covers the balance between being honest about our past and respecting the lives of others who may be involved in our stories. Sharon says, "God would not have us 'minister' at someone else's expense. If the motive is not love, then it does not glorify God...there is much about my past that I share and there is much in my past that I do not share. Not because I am ashamed, but because it would dishonor someone else." Other chapters include "Recognizing Jesus Through Our Scars," "Redeeming the Pain by Investing in Others," and "Removing the Mask and Being Real." A bible study guide included at the back of the book is helpful for either individual or group study. While this book is categorized for women, the truths inside are applicable to all. "Scars? We've all got them.

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